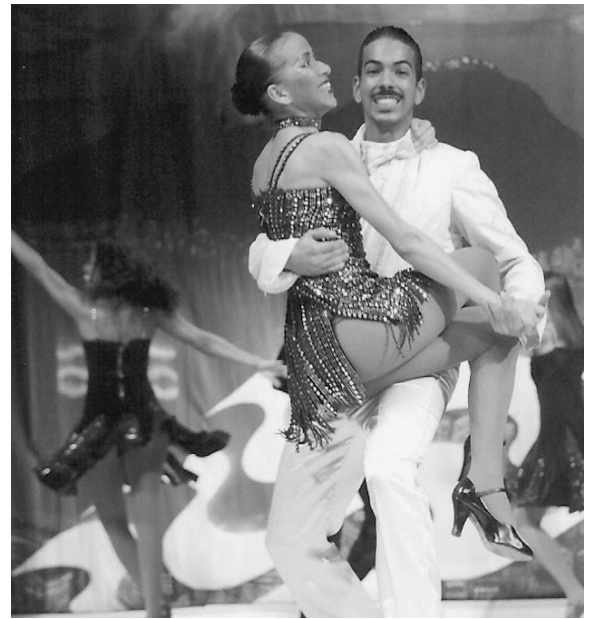


# Travel



## Rio de Janeiro, Brazil; a City of Endless Charms, Part 3



### Travel With John Daye

Photos & Editorial by John Daye

There is definitely much to see in Rio, but I have selected two in particular that I recommend highly for those of you lucky enough to be able to book a flight on TAM Brazilian Airlines nonstop to Sao Paulo connecting into Rio. One of the two special selections that I have chosen to highlight today is the most famous folklore show in Rio, Vai Brasil 500 Anos (year). This magnificent show can be seen nightly at the vibrant and colorful Club Plataforma. This is truly a most wonderful show, and one that no trip to Rio de Janeiro would be complete, without seeing.

From the staging and lighting to dancing and costumes, everything about this show was in my estimation, par excellence. (A parade of luxurious costumes demonstrating the most important personalities of the History of Brazil) The Northeast (Bahia) Brazilian Folklore Dancing, Macumba Rhythmists (Drummers), and especially Capoeira, the martial art influenced folklore dancing; had a truly international audience from just about everywhere on the planet including China, Japan, Romania, London, Paris, USA, etc. literally dancing out of their seats along with the show! When the show was over the audience actually danced there way up the isles toward the exits; if that's not enjoying a show, I don't know what is!

"The mixture of samba d'Angola, batuque and jongo in addition to hand claps created the 'samba de roda' in Brazil. Along with percussion instruments, the 'samba de roda' turned out to be the samba which bursts out into the joy of Carnival we all know today. Among the Brazilian states, Bahia is the most influenced by African culture. Its dance, music, rhythm, religion and cuisine have kept the African roots of the people during the time of slavery until this day." I traveled to Salvador de Bahia, and will share my trip with you starting next week.

In closing I want to share with you one of the most dynamic dining experiences I have ever had. I am talking about the Barra Grill & Steakhouse. From the moment we arrived for lunch mind you, not even dinner; the food kept coming and coming. This is a unique type of dining concept; it is like a buffet, in other words you can eat as much as you like, but it is all done with tableside service. And when I say service, most waiters that I encountered in Rio were first class, and the ones at Barra Grill were no exception, they were exceptional! Led by our hostess with the mostess, Margarida (shown in the photo) they really put on a show. Every type of meat, steak, shank, leg of, etc., you name they served it all, by carving right at your plate.

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